

THIS IS ST. THOMAS THE APOSTLE PARISH. A WARM WELCOME to our Visitors, Friends and Parishioners worshipping with us today! We are happy to have you with us. Help us keep our Vision and Mission alive. Do join us in the Hall for refreshment after 9.00am and 10.30am Mass. Holy Shop in the Hallway for your sacramentals.

Please pray for the Sick and Housebound in our parish: Margaret Namusoke, Alan Bond, Omobolaji Odokale, Pat Miller (Phillips), Rosemary Mbachu, Arlene Brown, Rosa Maria, Bernard Bruno Da Silva, Maria Herriart, Teresa Cox, Adama Sheriff, Antonio Neto, John Cox, Angela Roberts, Betty MacLean, George Kirby, Alma & Tom Fernandes, Margaret and Tom Wyse, Caroline Knight, Frederick Okolo, Stephanie and Peter St. Rose, Mrs Taylor, Lily Mulraine, Rebecca Linton, Femi Wete Mrs Collet, Ella Thomas, Margaret Gallee, Varsha Chopra, Joyce Barnette, Benedict Kalunta, David Smith, Bridget Power, Stephen Anthony Doyle.

Pray for the dead: especially those who died recently in our Parish: Freddy Stanley Barbe, Joan Bond, Victoria Abbey, Shormeh Nortey, Edison Otomewo, Martin Wallace, Anna Akosua Adea, Steven N. Fr. John Leahy, Esther Maurice Ekpo, Bridget O'Shea, Jim Duffy, Veronica Otuodung, Francis Otuodung, Maurice Ekpo **and those whose anniversaries occur this week:** Avis Simpson, John Payne, Pauline Priestly, Catherine Gabbett, Bill Rutherford, Jeremiah Kelleher, Ann Marie Joyce, James Rogan, Daniel O'Brien, Ellen Golden, Jessie Holmes, Mary Ellen McDonagh, Joan Eileen Butcher, Patrick McKay, Arnold Charles, Abayomi Obafunwa, Stanley Lebon, May Purvis

OUR VISION: To be a Catholic Community that seeks to meet the Pastoral needs of all our Parishioners.

MISSION STATEMENT: We are a diverse, welcoming and lively community that strives to be caring and listening to all through our active participation in the sharing of God's gifts.

MOTTO: St. Thomas the Apostle: Sharing God's Gifts in Love and Service

PARISH PRAYER:

God our Father and Creator of the human family, pour out your Spirit on the people of this Parish and grant us generous hearts, faithfulness to your word and a new vision of your glory, as we seek to build a welcoming, lively and caring community. Bless us with greater unity in worship and a new consecration to your service that your love may grow among us. Forgive us all our sins and let this parish be a family where healing, pardon and goodness flow for all, through Jesus Christ Our Lord. Amen. Holy Mary Mother of God: Pray for us. St Thomas the Apostle: Pray for us. May the souls of our departed parishioners and all the faithful departed through the mercy of God rest in peace. Amen.

BIRTHDAY CELEBRANTS IN MARCH. CONGRATULATIONS! PLEASE PRAY FOR THEM.

GABRIEL	UWAECHIE	ORIGINAL GRANDMA
EUNORA MARIA	MUSGRAVE	CHISOM ADUFU
LEIZA	MCKENZIE	NICOLE UDOAKA
KAYODE	OKE	MBET UDOAKA
JESSIE	MBEUNTCHA	CHARISSA MENSAH
MICHAELLA	UKACHUKWA	LASHAWN MENSAH
HILDA VALERIA	MENDIA PRADO	KOSI EKEMIRI
GEORGINA	OTCHERE KLU	KESI EKEMIRI
HANNAH BERNICE	OFFE	RICHARD MOMOH
THERESIA	MUAMBO	
JULIANA	OKYERE-CRENTSIL	
JEAN- DARNEL	KAKOU	
JUDE	DUAH	
ROSELINE	BATEREN	
RUTH	OBIDI	
SAMUEL	OLAGUNJU	
JOSHUA	PREMPEH	
MARIEANNE	ODUNTAN	
CASANDRA	OKOYE-KACHIKWU	
CHASTITY	BOATENG	



CATHOLIC ARCHDIOCESE OF SOUTHWARK
ST. THOMAS THE APOSTLE CATHOLIC CHURCH

81 EVELINA ROAD NUNHEAD, LONDON SE15 3HL

TEL: 020-76393724. Email: parishpriest@stthomasnunhead.org.uk / nunhead@rcaos.org.uk

Web: www.stthomasnunhead.org.uk

Motto: St. Thomas the Apostle: Sharing God's Gift in love and Service



FIRST SUNDAY OF LENT (A)

The Ordinary: Most Revd. John Wilson – Archbishop of Southwark | Area Bishop: Rt. Revd. Patrick Lynch ss.cc
Parish Priest: **Rev. Father Francis Eyo, MSP** (parishpriest@stthomasnunhead.org.uk).

Pastoral Assistants: Deacon: **Rev. Alan Bond** (rtd)

PARISH PROGRAMME

WEEKEND MASS: Sunday: 9.00am, 10.30am, 2.00pm (Spanish) & 6.30PM.
WEDDINGS: by appointment with the Parish Priest (six months' notice is required).
FUNERAL: by arrangement – contact the Parish Priest.
BIRTHDAY BLESSING: First & Last Sundays of the Month.
THANKSGIVING/BLESSING: by arrangement - contact the Parish Priest.
BAPTISM OF CHILDREN: Last Saturday of the month and as announced (No Baptism in Lent).
RECONCILIATION: Saturday: 5.30pm – 6.30pm & by arrangement
VISITATION TO THE SICK: Friday after Morning Mass and by arrangement
OFFICE HOURS: Priest – by appointment & as indicated (bulletin p. 3). Office Staff: Mon - Fri 10am - 5pm

DATE	WEEKLY LITURGY	INTENTIONS/ACTIVITIES/TIME
Sunday 1st March 2020 FIRST SUNDAY OF LENT (A)	MASS: FIRST SUNDAY OF LENT (A) Gn. 2: 7-9, 3: 1-7. Rom. 5: 12-19. Mt. 4: 1-11.	9.00am: Jeannette Oldfield – RIP 10.30am: Blossom & Uyai- Abasi Emerald – Special Intention 2.00pm: Misa en Espanol 6.30pm: People of the Parish
Monday 2nd March 2020 Lenten Weekday	NO SERVICE Lv. 19: 1-2, 11-18. Mt. 25: 31-46.	Priest's Day off Prayer: Psalter Week 1
Tuesday 3rd March 2020 Lenten Weekday	Morning Prayer Service of the Word & Sacrament Is. 55: 10-11. Mt. 6: 7-15.	9.30am – Chapel Antiphonist: Brian Reader: Justina
Wed. 4th March 2020 Lenten Weekday	Adoration/Morning Prayer MASS Jon. 3: 1-10. Lk. 11: 29-32.	9.30am – Chapel. Antiphonist: Christy Reader: Jerry Mrs Cosma Jones - RIP
Thursday 5th March 2020 Lenten Weekday	Adoration/Morning Prayer MASS Est. 12: 14-16, 23-25. Mt. 7: 7-12.	9.30am – Chapel. Antiphonist: Violet Reader: Jeannette
Friday 6th March 2020 Lenten Weekday	Adoration/Morning Prayer MASS Ez. 18: 21-28. Mt. 5: 20-26.	9.30am – Chapel. Antiphonist: Christy Reader: Isaac
Sunday 8th March 2020 SECOND SUNDAY OF LENT (A)	MASS: SECOND SUNDAY OF LENT (A) Gn. 12: 1-4. 2 Tim. 1: 8-10. Mt. 17: 1-9.	9.00am: Mrs Margaret Sackey - RIP 10.30am: 2.00pm: Misa en Espanol 6.30pm: People of the Parish

FIRST SUNDAY OF LENT (A)
(Mass Book pp: 151 - 154). 1ST MARCH 2020

BIDDING PRAYERS: (32). **Reader:** Wash me more and more from my guilt,
People: and cleanse me from my sins.

LENT: A TIME FOR GIVING UP AND TAKING ON

The Spirit enrolled Jesus in the school called wilderness to prepare him for ministry. The teachers there were solitude and emptiness, vastness and space, necessity and frugality. The subject to be studied was the human heart in its temptations and supports. The three temptations link Jesus with the past history of the Israelites in the weaknesses shown and supports given by God during the Exodus journey. Lent calls us to get in touch with our inner weaknesses and sources of strength.

Obedience to God's law features in all 3 readings. The original temptation was to usurp God's authority by claiming moral autonomy: You will be like gods, knowing good and evil. Adam's disobedience brought about the fall but Christ's obedience brought redemption. Lent is a time for giving up and taking on. Why not give up all our compromises and ways of disobeying God's will: and take on a daily search for what God wants of us. You must worship the Lord, your God, and serve him alone.

Wishing all Parishioners & Friends Happy and Blessed Sunday! – Fr Francis, MSP

PARISH INFORMATION DESK

Group	Place of Meeting	Day and Time
Breaking the Word	Chapel	Mon 7.30pm
Life Ascending	Chapel	Wed 10.00am
Sacred Heart of Jesus and Mary	Chapel	Thurs 7.00pm
Catholic Charismatic Renewal Prayer Meeting	Chapel	Friday 7.30pm

Use of Candles: Always put candles on heat resistant surface or in proper holder, away from children, curtains, furniture, etc.

CCTV - CAMERAS are in operation within the Church premises for your Security and Safety. Keep your valuable items with you during Mass/Church service. **Be vigilant & if you notice any suspicious movement inform the Ushers.**

➤ **PHONE USAGE IS FORBIDDEN DURING MASS! Please Comply.**

➤ Stop eating food, chewing gums inside the main Church during Mass, and do not litter the Church, please.

Please DO NOT take the Mass & Hymn Books home, handle with care & Return them to the Shelf after Mass.

❖ **Hall booking: 10.00 to 5.00pm Mon – Friday or call 07538759770, 020 7639 3724.**



Church Halls: **Book our standard Church Hall, equipped with kitchen, Bar and other facilities, clean & neat for a full day or per hourly program.** It's a lovely space that can hold 180 – 200 people for various functions, celebrations, meetings, receptions, etc. Back Hall is good for events of about 80 people in case you need such. **Contact us: 020 7639 3724. 07538759770.**

Pastoral/Administrative Staff Contacts

Parish Administrative Assistant/Secretary | Parish Business/Communication Assistant

Atim Blossom – **020 7639 3724.** Julian Prospere - **020 7639 3724.**

HALL BOOKING - 020 7639 3724.

Baptism of Children – **020 7639 3724.** RCIA Formation - **020 7639 3724**

First Holy Communion – **020 7639 3724.** Confirmation - **020 7639 3724**

Knights of St Columba – **07834 117416**

Parish Pastoral Council and Parish Finance Committee – 02076393724

CHURCH NOTICES

Parish Office Hours This Week: Office Staff: Monday - Friday 10.00am – 5.00pm.

Parish Priest: Not Available

Today we Celebrate Mass of the **FIRST SUNDAY OF LENT (A).** *We welcome all to this wonderful Celebration.*

APPRECIATION: We thank Rev. Fr. Eduardo for coming to say Mass for us. God bless you.

We thank the Youth/Charismatic Renewal, Volunteers and the 2 Choirs at 10.30am Mass. for cleaning the Church last Saturday.

➤ **We also thank all who made this Mass a wonderful celebration,** especially, the Altar Servers, Readers, Holy Communion Ministers, Ushers, Music Team, Sacristans/Volunteers, Communication Team, our office Staff, Sunday Liturgy Teachers, Children, and Young people.

CHURCH CLEANING NEXT SATURDAY: to be done by the **NIGERIAN CATHOLIC ASSOCIATION.** Thank you.

STATIONS OF THE CROSS: There will be stations of the cross throughout the Lent period on Fridays at 7pm in the Church. All to attend please. **TO BE LED BY THE NIGERIAN CATHOLIC ASSOCIATION THIS WEEK.** Thank you

BIBLE STUDIES: There shall be Bible Studies/ongoing Faith formation on Thursdays in the Church at 7.30pm to 8.30pm. **This is the year of the word.** You are all invited. Thank you

FIRST HOLY COMMUNION: First Holy Communion Lesson will take place next Saturday **07/03/2020** at 11.00am. Parents are expected to bring the young ones on time, and take them home after the lesson. thank you.

CONFIRMATION 2020: Lessons will take place on Saturday **07/03/2020** at 1.30pm. Please attend.

RCIA – Rite of Christian Initiation 2020: The Rite of Election which will take place on **07/03/2020** at 12.30pm in St. George's Cathedral. Please God Parents and Sponsors should be in the Cathedral with us on the day.

CHURCHES TOGETHER – LENT GROUPS: Lent offers us a special time to take stock of our lives and to grow closer to God.

One good way of doing this is by joining a Lent Study Group. We shall be meeting on Wednesday 4th March at 10am in the Sacristy and each Wednesday during Lent. There shall be reading, reflection, discussion and prayer. It will be quite informal and last not more than an hour. Please join us for what can be a rewarding experience.

SACRAMENTS AND EDUCATION: Readers, Special Ministers of Holy Communion, Choir Leaders: You're encouraged to attend a Seminar on the Year of the Word: The God who speaks, at **Sacred Heart Parish, Camberwell 14/03/20.**

DONATION: we thank all our Parishioners who donate generously in support of the Parish through Gift Aid, Standing Order and Sunday collection.

UPKEEP OF THE CHURCH HALL AND PREMISES: We are appealing to Church Groups & Parishioners using the Hall and Church premises to ensure they clean well, remove the waste, and handle the facilities with care.

Collection Last Week: £734.13 & £186.17. Thank you all for giving generously in support of the Church and may the good Lord bless you as you help us to build our Parish. Be assured of our prayers.

2nd Collection this week: POOR PARISHES & Next week: Church Dev/Building Fund

❖ **Readers for the Weekend Mass - Sunday 1ST MARCH 2020: 9.00am:** Brian Sanders.
10.30am: Irene Kontoh & Albert Quansah. **6.30pm:** Danata Small

❖ **LAST WEEK MASS ATTENDANCE:** Sun. 9.00AM = 110. 10.30AM = 112, 2.00pm = 40 and 6.30pm = 32

Roman Catholic Archdiocese of Southwark – A Charitable Incorporated Organisation – Registered Incorporated Charity No. 1173050